

Reflections

Reflections - An e-magazine showcasing the artistic talents of Medics

March 2022

Volume III Issue 3

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Photography - Dr. Patrick Basu

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Radiologist's Musings - Viral Parekh

March 2022

Volume III Issue 3

Hi!, Namaste,

I am very happy to present here the 24th. issue of Reflections. Wish you all a very happy Shivratri, Holi and Dhuleti.

There once lived a devil and powerful king, Hiranyakshyap who considered himself a god and wanted everybody to worship him. To his great ire, his son, Prahlad began to worship, Lord Vishnu. To get rid of his son, Hiranyakshyap asked his sister, Holika to enter a blazing fire with Prahlad in her lap, as she had a boon to enter fire unscathed. Prahlad was saved for his extreme devotion for the lord while Holika paid a price for her sinister desire. The tradition of 'Holika dahan' comes mainly from this legend. So, the festival of Holi represents victory of good over evil.

As I am writing this, Russia and Ukraine are fighting a war. Mahabharat war represents the conflict between two groups of cousins, the Kauravas, and Pandavas, for dynastic succession to the throne of Hastinapura, in an Indian kingdom called Kuru. As a legend goes the Pandavs won the war, which signified the victory of good over evil. But ultimate result of a all wars do not signify the victory of good over evil. It signifies the victory of powerful over the weak. As Ernest Hemingway had rightly said that "Never think that war, no matter how necessary, nor how justified, is not a crime." But even then we go to war to prove our point or acquire a piece of land or to reclaim a piece of land usurped by a rogue nation.

Wars are necessary evils and their horrors are so many and of such magnitude that they cannot be described in words. We must not forget the horrors of the two world wars. In these wars, there was mass-killing and destruction of property. Thousands were made widows and orphans. Humanity and morality are main victims of a war. As it seems now that Russia is going to win this ongoing war. Russians all over the world will be happy with its country's victory. Even if it wins the war, there will be some causality in the Russian camp also. For the wife, mother or daughter of a demised Russian soldier their country has won the war but they have lost their world.

As Dwight D. Eisenhower had rightly pointed out that "Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and are not clothed." So let us hope better sense prevails and let us pray and hope that this Russia-Ukraine war comes to an end as early as possible.

This issue would not have been possible without the help of Dr. Patrick Basu, Dr. Rohini Patil, Dr. Shalini Agarwal, Dr. Praveen Bhatia, Dr. Jayashree Baruah, Dr. Madhuri Salwe, Dr. Sandhya Bhadane Patil, Dr. Samir Kathale, Dr. Kallol Tripathi, Dr. Alok Ranjan Singh and Dr. Anup Sadhu. I am obliged and sincerely thank all of them.

Wish all of you a very happy Shivratri, Holi and Dhuleti.

Humour - Cartoons



Dr. Praveen Bhatia is also a fellow Radiologist, He has done MBBS from UCMS Delhi and MD Radio-Diagnosis from Maulana Azad Medical College, Delhi. He runs a diagnostic centre at Faridabad, Haryana. He started cartooning initially as time pass during corona lockdown, enjoyed and then carried on. He is also an avid traveler, blogger and corona time singer. Here are some of his cartoons, which I am sure will tickle you.



Art- Paintings & Drawings



Dr Jayashree Baruah
Consultant and Head
of Comprehensive
Services
Tezpur Eye Hospital,
Assam.

Dr Jayashree Baruah, is Consultant and Head of Comprehensive Services at Tezpur Eye Hospital, Assam. She was always an admirer of nature and nature's creations. She tries to capture all beautiful artworks, photographs, sceneries she comes across in her everyday life. Then it all started during lockdown 2020 when everything came to a standstill. Her hectic schedule came to a halt, no OPD, no surgeries for months. Suddenly one night while clearing the playthings scattered by her 5-year-old, she came across his beautiful sets of colour pencils and crayons. The kid within her was tempted to try her hand to create few artworks. This is how this journey of self-learning started for her. Sharing a few of her artworks. I am sure you will like it. She would love to have inputs for further improvement. You can contact her on her email :julie_ghy@yahoo.co.in



Art- Paintings & Drawings



Dr Jayashree Baruah
MBBS, MS
Consultant and Head
of Comprehensive
Services
Tezpur Eye Hospital,
Assam.



Art- Paintings & Drawings



Dr Jayashree Baruah
MBBS, MS
Consultant and Head
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Tezpur Eye Hospital,
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Art - Paintings



**Dr Madhuri Salwe,
MBBS, DMRE.
Consultant Radiol-
ogist
Chinchwad, Pune
Maharashtra**

Dr. Madhuri Salwe is also a fellow Radiologist. She started some pencil work in her childhood. There were many long gaps and then she drew some sketches while studying MBBS.

Her main journey of painting and sketches started when she completed her degree and joined a hospital, so whenever she used to get some time, she used to sketch some designs and then the rhythm started.

Whatever she learnt till date is from self experience, learnt from mistakes and she keeps on upgrading herself from pencil to acrylic on canvas to water color and white pencil on black and this the result of her journey. I am sure you will like it.



Art - Paintings



**Dr Madhuri Salwe,
MBBS, DMRE.
Consultant Radiol-
ogist
Chinchwad, Pune
Maharashtra**



Art - Paintings



Dr Madhuri Salwe,
MBBS, DMRE.
Consultant Radiol-
ogist
Chinchwad, Pune
Maharashtra



Art - Paintings



Dr. Sandhya Patil Bhadane.
MBBS, DMRD
Consultant Radiologist
Bhadane X-ray And
Sonography Clinic,
Pune, Maharashtra.

Dr Sandhya Patil Bhadane is also a fellow Radiologist from Pune. She is working at Bhadane X-ray and sonography clinic and is interested in Fetal medicine. She did her MBBS from BJ GMC Pune and DMRD from Sassoon General Hospital, Pune. Besides radiology her hobbies are painting and cooking and then a full time Homemaker. She had left sketching when she joined medicine. This lockdown gave her a chance to hold her brush again. Watercolor is her hobby, love, passion and she is dreaming to master it. She is a self taught painter and takes help from YouTube tutorials. Paintings gives her Ultimate peace. Here is some of her artwork. I am sure you will love it.



Art - Paintings



**Dr. Sandhya Patil
Bhadane.**
MBBS, DMRD
**Consultant Radiolo-
gist**
Bhadane X-ray And
Sonography Clinic,
Pune, Maharashtra.



Art - Paintings



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Art - Paintings



**Dr. Sandhya Patil
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gist
Bhadane X-ray And
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Pune, Maharashtra.



Literature - Poems



Dr. Rohini Charudatta Patil is a Gynecologist by profession. She finished MBBS and DGO from GMC Miraj. She started practicing at Abhinav maternity nursing home in Nallasopara, Vasai, Palghar 12 years back. She was a columnist for "Tanaat Manaata", Dainik Herald newspaper, Goa for 2 years. She has finished 5 exams from Gandharva Vidyalaya in Kathak Nritya. She is about to publish a booklet of four liners. Here are some of her poems.

Dr. Rohini Patil
MBBS, DGO
Consultant G&O
Vasai, Maharashtra

ENCHANTING LATA

A story I was once told
I swear it's true as gold
The Almighty played a trick
Sent us his Flute by magic

Deena and Sudha had sworn
When a soulful angel was born
Eldest of the siblings five
Sweetest of the Mangeshkar hive

She grew like a crescent moon
Indeed a cherry in full bloom
A divine enchanting voice
The music world had no choice

This bliss had come our way
All knew she'd come to stay
And rule our minds and hearts
With melodious numbers and charts

She gently woke us with bhajan
Prayers and abhangs by the dozen
She paralleled every break up n romance
Nourished us to sing and dance
She sang for every season n occasion
Formal welcome or reception
She cherished our fads and fashion
And deftly bore both guilt n passion
She was a daughter or a mother
The best of fiancée or a sister
A friend to frolic; lend a tear
A fuel for life; a boost or gear

She hasn't left us ;she can't for sure
Even as I pen down about her
You were always there dear
Lata I know you're still here.....

KINGDOM ANIMALIA

It occurred once
To beasts and birds
Lets join a school
Lets start at once

And one fine morn
A word went round
And all were ready
On the school playground

The choice of subjects
Was left to them
But each chose all
Not a wise thought at all

And so....
The duck was made to run
Till his feet got all swollen
Monkeys were asked to crawl
Till they broke their bones n all
The fish was told to dance
Till he felt he had no chance
Cows were made to skate
Till they repented over their fate

The game went really crazy
Each student got dizzy
Being pushed into a sport
On which he could not count

The final score was done
Fair performance none
Had they opted for instinctive tasks
All could have ended first-class

Literature - Poems



**Dr. Shalini
Agarwal
MBBS, MD,
Pt. B D Sharma,
Post Graduate In-
stitute of Medical
Sciences
Rohtak.**

Dr. Shalini Agarwal is also a fellow Radiologist. She had a long career as an air force officer and as a consultant in the non-defense government setup. She had done her MBBS in 1987 from AFMC, Pune and MD in 1998 from AH(R&R) Delhi.

She is consultant at her present hospital since 2004. She has done Commonwealth fellowship and ESSR Diploma in musculoskeletal radiology also.

Her hobbies are Reading, writing, and cooking. Here are few of her poems. I am sure you will like them.

ज़िंदगी का वादा

ज़िंदगी ने पूछा क्या चाहती हो
मैंने कहा बस जीना चाहती हूँ।
वह बोली, मैंने कब रोका?
कहो तो शक्तिशाली बाना दूँ
बहुत धन और खुशियाँ दे दूँ?
लंबी उम्र भी दे सकती हूँ।
चाहो तो तुमहे यह सब दे
उस पल को कैद कर सकती हूँ।
इस पर मैं सोच में पड़ गायी
चाहा सब ले लूँ लगा यही चाहत थी।
इतने में रुह बोल पाड़ी
बस साथ चलने की आज़ादी चाहती हूँ।
इस पर वह मुस्करायी, इतरायी;
मेरा हाथ पकड़ अपनी राह चल दी।

खामोशी की जुबान

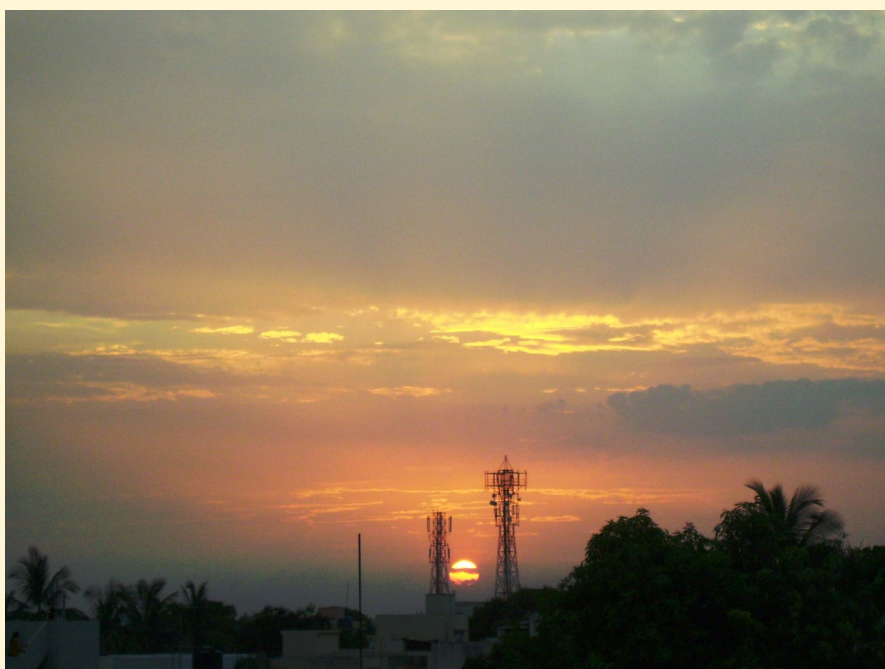
एक कहानी कह रही है,
खामोशी कुछ बोल रही है
हरयाली पर थिरकती बूंद
बचपन फिर से जी रही है
खामोशी कुछ बोल रही है।
गुपचुप बतियाते परबत
कल कल भागती फुहार
खनकती चाँदनी-सी पाजेब
महकते क्षोके की शरारती ललकार
गुनगुनाते भंवरे का बेचैन किलोल
तलाब पर गूँजता अंतहीन निनाद
दरखते नयनो में उमड़ती उमंग
मासूम चेहरे के खूबसूरत ख्वाब
चंचल परवाने सी
खामोशी कुछ खेल रही है।
कुछ गीत बुन रही है
शायद इंतज़ार कर रही है
या फिर मुझ पर हँस रही है
खामोशी कुछ बोल रही है।

Photography



Dr. Samir Kathale is also a fellow Radiologist. He is currently working as Consultant Radiologist in Sparsh Multispeciality Hospital, Bhilai (C.G). His hobbies are Photography, singing, travelling, sports, reading, painting, music, gardening. Here are some of his photographs depicting different moods of sky and a candle. I am sure you will love them.

Dr. Samir Kathale
MBBS, DNB
Radiologist



Samir Kathale

Photography



Dr. Samir Kathale
MBBS, DNB
Radiologist



Photography



Dr. Samir Kathale
MBBS, DNB
Radiologist



Photography



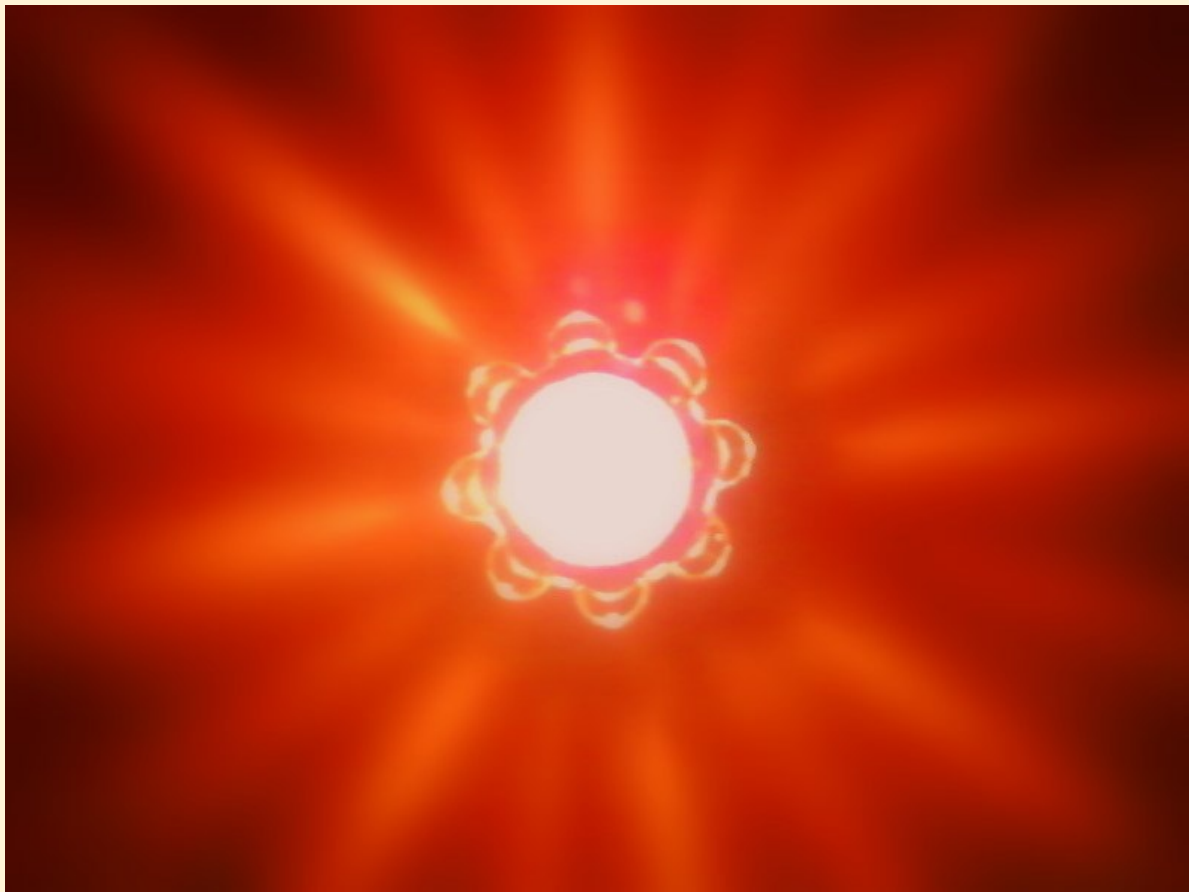
Dr. Samir Kathale
MBBS, DNB
Radiologist



Photography



Dr. Samir Kathale
MBBS, DNB
Radiologist



A burning candle on a glass stand, clicked from its top, so neither the candle nor the flame is visible. It's only the refraction of the light from the glass stand that is visible.

Photography



Dr. Kallol Tripathi
MBBS, DVD
Dermatologist.

Dr Kallol Tripathi ,MBBS,DVD is a practising consultant in South Kolkata, finds time to relax with painting and street photography. He was awarded with many international awards in Photography.

His paintings with water colour brings out an aura of mysticism (see Reflection Jan 2022 issue)

He graduated from the Calcutta Medical College in the year 1983. Since childhood he came in touch with many renowned artists by virtue of his father's profession. Here are some of his photographs.

Time and relativity



Photography



Dr. Kallol Tripathi
MBBS, DVD
Dermatologist.



The ecstasy



The Hunter

Photography



Dr. Kallol Tripathi
MBBS, DVD
Dermatologist.



Colour is the key



Challenge

Joy



© Kallol Tripathi

Photography



Dr. Kallol Tripathi
MBBS, DVD
Dermatologist.

For sale



Helping hand



Illusion



Photography



Festival of light

Dr. Kallol Tripathi
MBBS, DVD
Dermatologist.



**Juxtapo-
sition**

Portrait of a saint

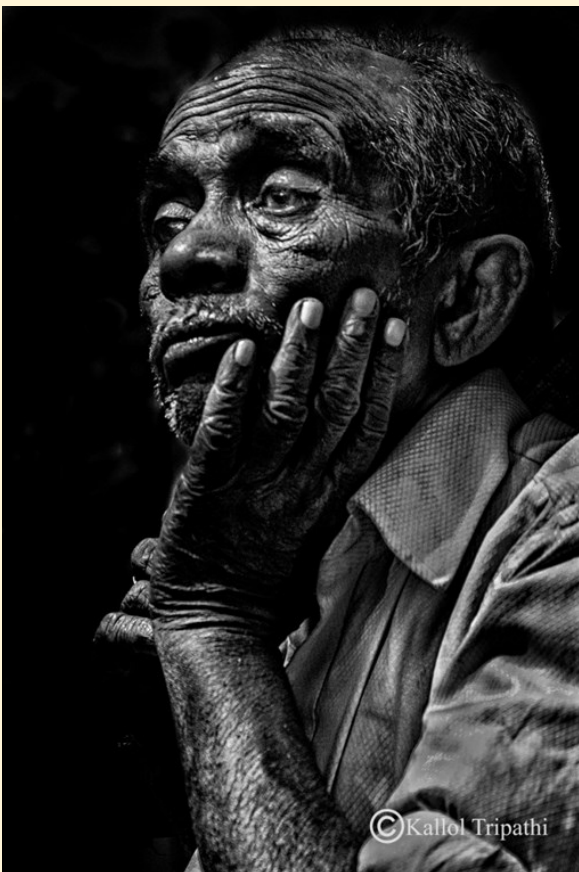


Photography



Dr. Kallol Tripathi
MBBS, DVD
Dermatologist.

Outburst



All strings torn



Dr Alok Ranjan Singh
MBBS DCH
Paediatrician

Photography

D r A l o k R a n j a n S i n g h is an Alumnus of Medical College Kolkata, He is a practicing paediatrician in Howrah, the twin city of Kolkata. As a hobbyist, he is a photographer. He shoots both landscapes and wildlife. He loves travelling and find the combination of photography and travel to be synergistic. He wishes to share his experiences and to learn from the life's of similar people. Here are some of his photographs. I am sure you will love them.





Dr Alok Ranjan Singh
MBBS DCH
Paediatrician

Photography



Photography



Dr Alok Ranjan Singh
MBBS DCH
Paediatrician



Folk Festivals - Tusu



**Dr. Anup Sadhu,
MD
Consultant Radi-
ologist**

Dr. Anup Sadhu is not only a fellow Radiologist but also a very close friend. He is a co-founder of Calcutta Academy of Radiology along with Dr. Bijon Kundu and yours truly. He is our guiding force and a Consultant Radiologist in Eko X-ray and Imaging Institute located at Medical College, Kolkata.

He was an ex-student of Calcutta Medical College, which was established by Lord William Bentick in the year 1835. It was then known as Medical College, Bengal.

I spent my early childhood in a village in the District of Bankura West Bengal; --situated on the banks of river Damodar

The climate of Bankura and south Bengal is harsh-- extremely hot in summer and freezing cold in winter (4-5 degree Celsius). Rains heavily during monsoon but the waterbodies go dry during summer leading to drought. A few pockets are suitable for cultivation ,mainly along the banks of the rivers --Due to drought ,people of south Bengal viz, Bankura, Purulia, West Burdwan, Birbhum starves. In spite of all odds the population of these regions which mainly comprises of tribal community enjoy the life to the fullest. The rich cultural heritage of these places since time immemorial contribute enormously to Indian Culture through various folk festivals.

Festivals are for spreading happiness, a time when people forget their worries, dress well to meet and greet others, Tusu Festival is no exception. During the time of winter in the month of Poush people prepare homemade delicacies mainly pancake type of food items from rice powder. Special type of puffed rice, several types of fried lentils are also prepared in every house. The ritual of bathing in the river is considered holy even in that extreme wintry weather on the last day of the month poush (Makar Sankranti).

Villagers , mainly unmarried girls with family members pass through the roads on bullock carts all along the night singing songs of tusumoni, their own goddess on the day of immersion i.e., last day of poush month.

Tusu Festival is a harvest festival. It begins on the last day of the Bengali month of Aghrayan (mid-December) and continues through the month of Poush, ending on Makar Sankranti. This day also marks the last day of winter harvesting and also the end of the agriculture year.

Tusu Festival is celebrated in diverse ways across the state. In Bankura and some other parts, Tusu is worshipped in round terracotta pots. In the open terrace all houses had a small structure with a basil sapling on it. A niche is kept in it to keep the lighted lamp .This is called kulungi. During Tusu festival the girls gather in the evening around the Tulimanch and sing songs of their own (tusu song) .They prepare small clay dolls which are worshipped.

In Purulia and some parts of Bihar and Jharkhand, it is celebrated around Chaudal (a rectangular structure made of bamboo and coloured papers). In Medinipur and some other areas of Bankura, Tusu is represented as a tiny doll, while in the Sundarbans area, Tusu is depicted as Goddess Lakshmi.

Folk Festivals - Tusu



**Dr. Anup Sadhu,
MD
Consultant Radiol-
ogist**

Tusu is the festival of the women. Tusu is worshipped as a mother, a daughter, a friend, and a confidant to whom the village women can pour their hearts. Like Goddess Durga, Tusu is also a member of the household and the women folks welcome Tusu with folk songs all through the month. And on the Makar Sankranti eve, they fast and sing the whole night long. The Tusu songs are generally songs of fertility – praying to Mother Earth for a good harvest. The songs also do have erotic connotations and if you really listen to the lyrics of the songs, you will be subtly surprised by the innuendos! Earlier, the Tusu songs mostly told the stories of everyday life of these women while welcoming the Tusu. Nowadays, Tusu songs have transcended the ritualistic purposes and are used as tools of protest, and as political as well as commercial songs.

. There is also a folklore that suggests the festival is celebrated to worship the agricultural Goddess Toshali. Some believe that the festival originated in the Susunia Hills of Bankura while others are of the opinion that the festival was celebrated traditionally by the tribals of the Chhota Nagpur area. The origin of the festival seems to have lost in time, but the festivities still take place with galore.

Nowadays, Tusu processions have become a rarity in the villages and a lesser number of processions comes to the riverbanks. Tusu competitions have taken precedence over the earlier rituals and commercialization has crept in. During the last couple of years, photographers have thronged the place and asked the Tusunis and the girls to pose for them so that they get the perfect picture. This also is a reason for the women to shy away from doing their usual rituals and to change the places (waterbodies) of immersion. We sincerely hope that the Tusu Parob retains its old traditions and rituals and not get lost in the web of excessive marketing and antics.

The festival is mainly about the collection of songs sung by the unmarried girls during the nights, throughout the month of Poush., 'Every day the women start praising the goddess by singing Tusu songs . . . the Tusu is prepared and worshipped at homes by chaste virgin girls. Married women do not worship Tusu'. . All celebrations in our culture are related to singing and dancing and Tusu has a significant role in it . . . We can see only one Pada songs in the Jawa festival and two Pada songs or Doha in Tusu. In those two Padas it reflects all the feelings, 'বল মা আমার মন কেমন করে/ যেমন শোল মাছে উফাল মারে.' ('O mother, do you know the state of my mind/It is like the thrust of the Shol fish.')

The innumerable Tusu songs have enriched the culture of Purulia . . . the source of culture in Purulia that we get from Tusu, Bhadu and Jhumur is beyond comparison. There are remarkable extempore songs which if published will do wonders in our literature, but should not be categorized and kept at a distance in the name of folk literature . . .

Since Tusu has no structure, girls make kulungi or a hole in the wall or use the tulsimanch. The main ingredients for Tusu are tush or rice husks. Some rice and flowers are placed inside the kulungi. They (unmarried girls) worship the kulungi for the whole month in the home altars, in the wall niches decorated with alpona (designs painted on walls and floors with a semi-liquid paste made of soaked rice). The choudal is something like tazia, but smaller than that, it is made of jute sticks. Inside the choudal, all the things required for worship are placed, and then carried in a procession for immersion in the river, pond, or any water body.

Choudal or choural is used as the vehicle for the immersion of Tusu. This choural symbolizes the sun.

Folk Festivals - Tusu



**Dr. Anup Sadhu,
MD
Consultant Radi-
ologist**

Choural is not Tusu, choural is the vehicle by which Tusu could go towards her marital family from her father's house. In ancient period it was a matter of immense pride for the Kurmis to send their daughter to her marital family, after she started menstruating. This was also a sign that her body was physically capable of bearing a child. Tusu is worshipped with this same feeling and Tusu finally leaves the house for immersion. Chou means four sides. Ural means flying. Choural means who can fly in all directions at the same time, and who can do that...the sun rays.

According to Kurmi rituals, Tusu is similar to unmarried girls. As a girl grows up with care in her family, the grains and seeds are also taken care of by the family which worships Tusu. The immersion of Tusu in the water is same as the leaving of a newly married girl for her marital family. Since a grain or seed can flourish only after it gets water, a newly married girl can become pregnant only after copulating with her husband in her in-laws' house. Tusu is seen as the harbinger of life and prosperity. As a Tusu song says, 'জলে হেল, জলে খেল, জলে তোমার কে আছে? /মনেতে বুঝিয়ে দেখো জলে স্বসূরঘর আছে.' The meaning is 'You are joyful in the water; you are playing in the water, who is yours in the water? /Ask yourself in your mind, water is the marital family.' Rice grain is offered to the water because water is the most essential element for cultivation and living.



**PLACE OF
WORSHIP OF TUSU**

For a Noble Cause....



Six orthopaedic surgeons who are well known in the specialty and also excelled in photography came forward for a noble cause --- to help poor patients with ortho appliances and to help

orphans from the sale of their creations. West Bengal Orthopaedic Association is always ahead with many such activities apart from fantastic academics spread over various places of the State.

The exhibition of nearly hundred excellent photographs by Dr. Abhijit Sarbadhikary, Dr. Bhaskar Das, Dr. Indrajit Sardar, Dr. Kaushik Ghosh, Dr. Gautam Basu and Dr. Dipendra Bandhyopahyay were displayed at Birla Academy of Fine Arts from 23rd to 27th February 2022. The price tag was INR 5,000 for an individual and INR 10,000 for corporate houses. These meticulously framed and chosen pictures by these internationally famed photographers are definitely collectors' choice. The collected fund will be handed over to WBOA. We shall publish photographs taken by these noble people in next issue.

Next issue in April 2022

I am bringing out such e-magazine with a frequency of one issue every month. So, next issue will be published in April, 2022.

I am hereby inviting all the professionals who indulge in extra-curricular activities to share her/his work with me and if it is of good quality, I will surely publish it.

So, I request all of you to contribute to this Newsletter. Please send your material in Word format with good quality images. Please send your photograph and details of your place of work with email address also. Your material should reach us by 15th. Of March, 2022.

What do you feel about Reflections.? How can it be improved? Do you like or dislike something in this publication? Please share your thoughts and I will publish them in next edition of Reflections.

Please write to : reflections2020@hotmail.com

So long.

Viral Parekh

Reflections

Conceptualised and edited by
Dr. Viral K. Parekh,
MBBS, DMRD, DNB